



Ginc Active®



Improves memory and mental alertness

30 Capsules



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Ginkgo is one of the best-selling herbal supplements in the United States and Europe. It is best known today as way to potentially keep the memory sharp.

Indications

- Improves memory and concentration
- Improves cognitive performance and the social functioning of dementia
- Improves peripheral circulation
- Relieves Tinnitus symptoms
- Relieves vertigo

Ginkgo Biloba is one of the oldest living tree species. The main contents of ginkgo leaves are flavonoids and terpenoids, which are both antioxidant. **Ginkgolide B** content of this herb is a potent inhibitor of platelet-activating factor (PAF). Ginkgo biloba exerts ischemic protective and antioxidant effects through the flavonoids. This occurs through a free scavenger action and prevention of lipid peroxidation. Lipid peroxidation is involved in producing tissue and vascular damage, and neuronal loss, which may lead to dementia. The herb also reduces neutrophil infiltration and increases blood flow to prevent the progression of dementia ischemia. The antioxidant and membrane-stablizing activity increases cerebral hypoxia tolerance. Other effects consist of spasmolytic properties

through direct action on alpha-adrenoceptors and smooth muscle relaxing properties via the signal transduction pathway, intracellular cAMP, antagonism of the adrenergic nervous system and hyperpolarization.

Contraindications

No contraindications have been reported to date. Patients with known risk factors for intracranial hemorrhage and epilepsy should avoid the use of Ginkgo biloba. Due to anti platelet effects, it can cause excessive bleeding if used prior to surgery.

Pregnancy and Lactation

Pregnant or lactating women should consult a physician before using this product.

Interaction

No interaction with other medicinal products has been reported to date. Patients who take anti depressant drugs, anti platelet drugs, anti inflammatory drugs, anti diabetes drugs and cytochrome P450, should consult a physician before using.

Adverse effects

No adverse effect has been reported to date.

Supplement Facts		
Composition per tablet		RDA%*
Ginkgo biloba	50 mg	*

*Recommended daily allowance (RDA)

Presentation

30 Capsules

Administration

Take one capsule daily with meal.

Marketing Authorization Holder Darman Yab Darou
Under license of Vitex Pharmaceuticals Pty Ltd (Golden Life) Australia

References:

- PDR for herbal medicines by Joerg Gruenwald, ph.D
- H. H. Dodge, PhD, T. Zitzelberger, MPH, A randomized placebo-controlled trial of Ginkgo biloba for the prevention of cognitive decline, *Neurology* May 6, 2008 vol. 70 no. 19 Part 2 1809-1817



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